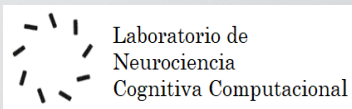


Presence in Education Program

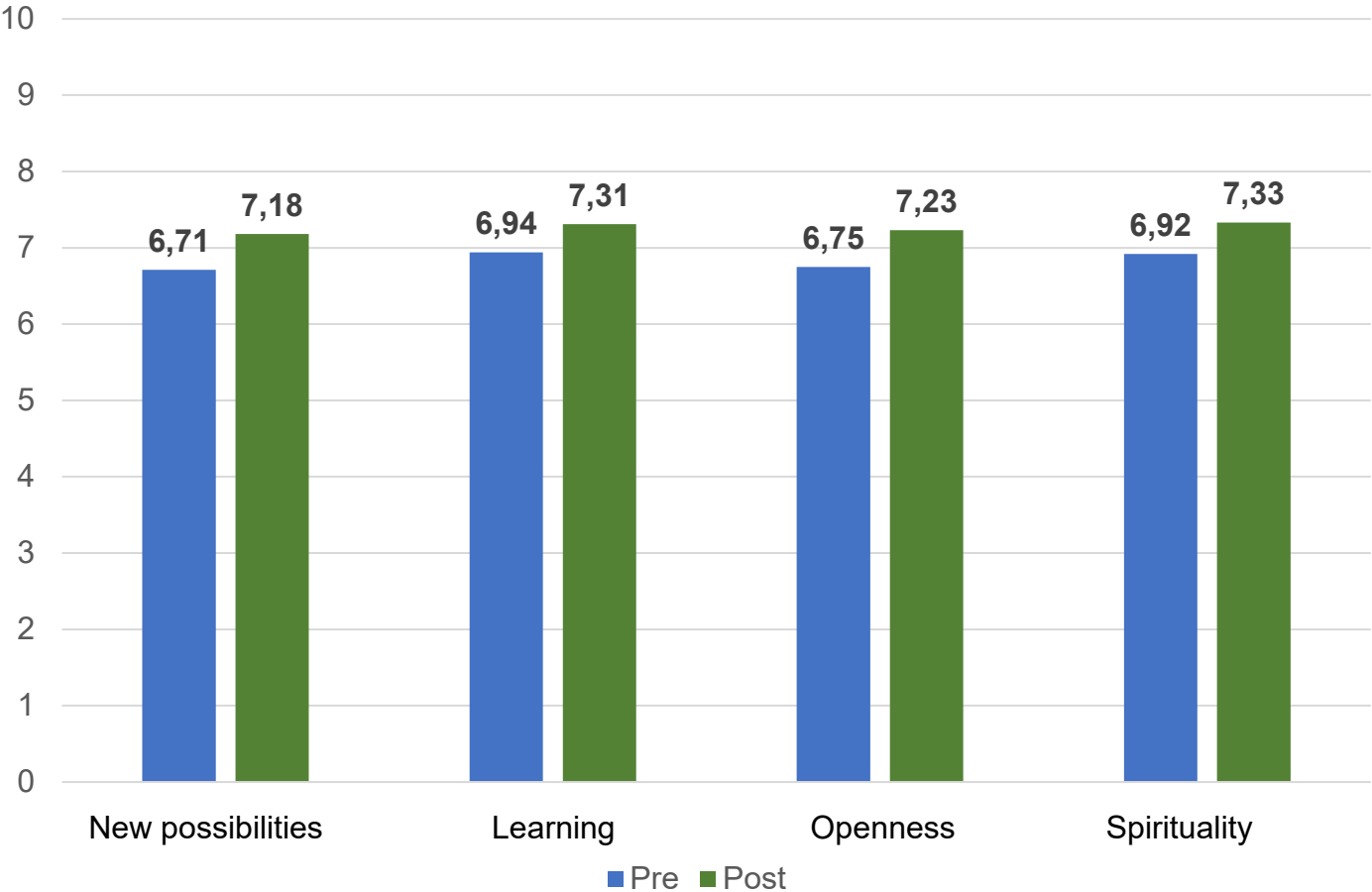
Emotional scales´ pre and post-test results

Applied to participants (teachers and heads 2020-2021)



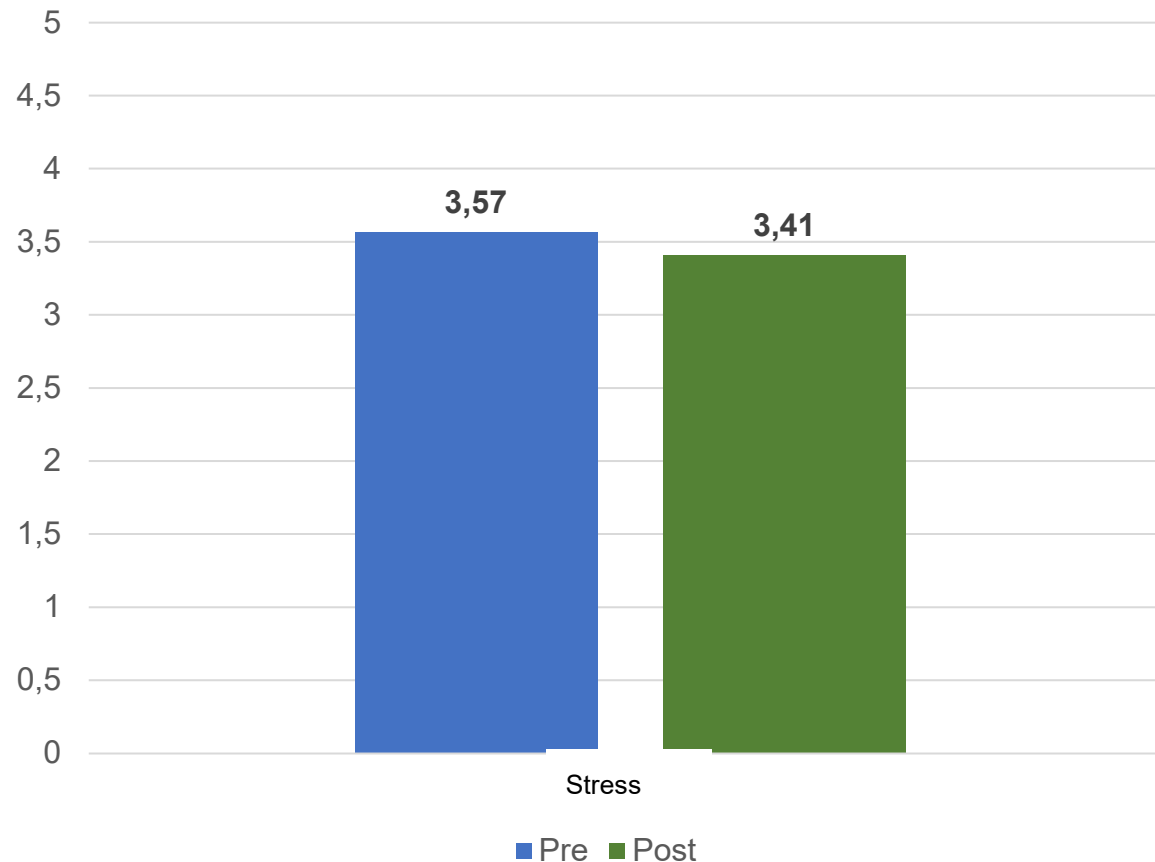
Post-traumatic Growth Scale

There is a tendency for improvement in all the factors that make up Post-traumatic Growth Scale (new possibilities, learning, openness and spirituality) between the pre and post intervention total sample.



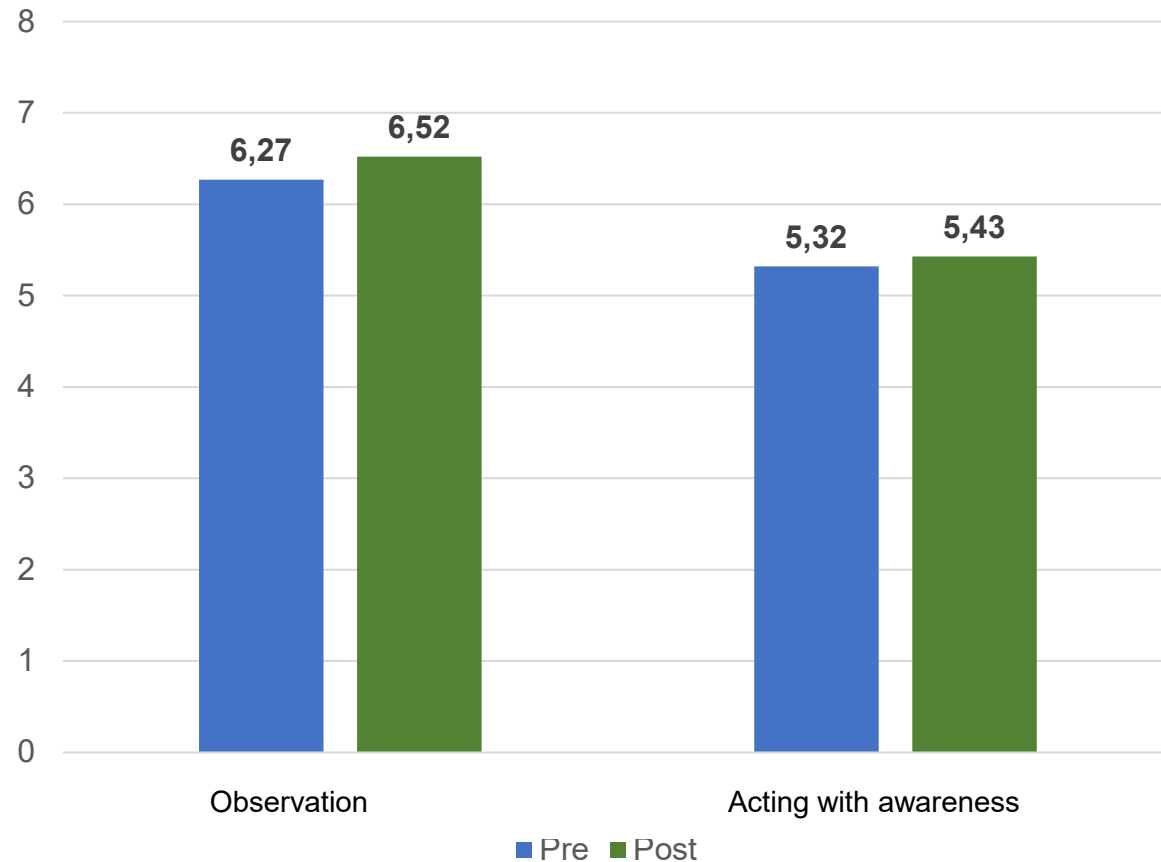
Depression, Anxiety and Stress Scale

There is a tendency for improvement in the stress factor of the Depression, Anxiety and Stress Scale between the pre and post intervention total sample.



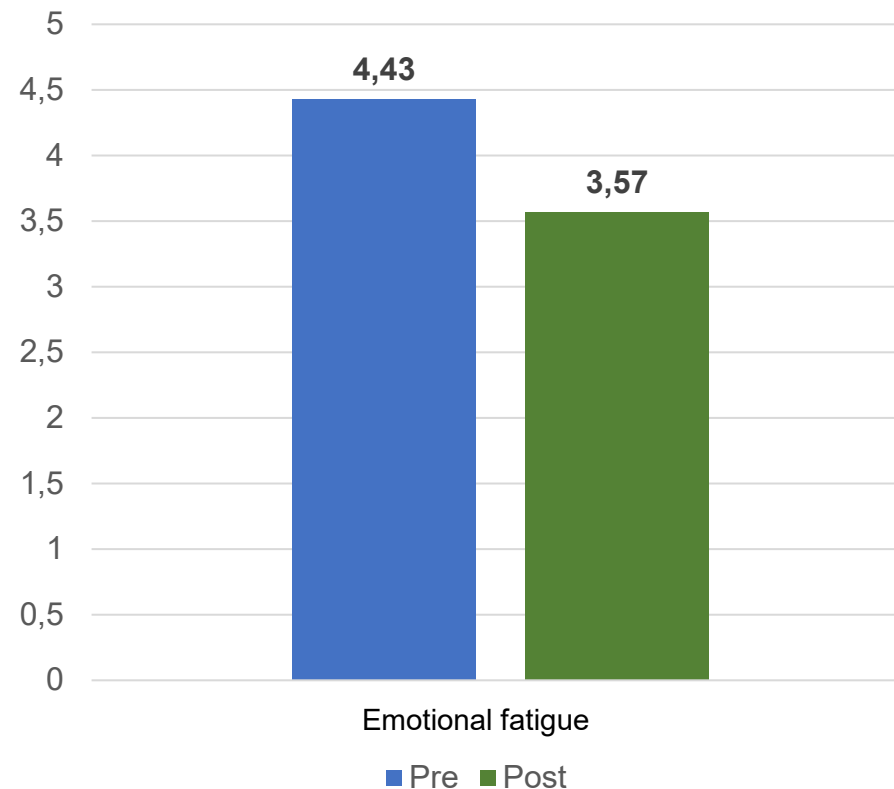
Five Facets of Mindfulness Quiz

There is a tendency for improvement in the factors Observation and Acting with Awareness that make up the Five Facets of Mindfulness Quiz between pre and post intervention total sample.

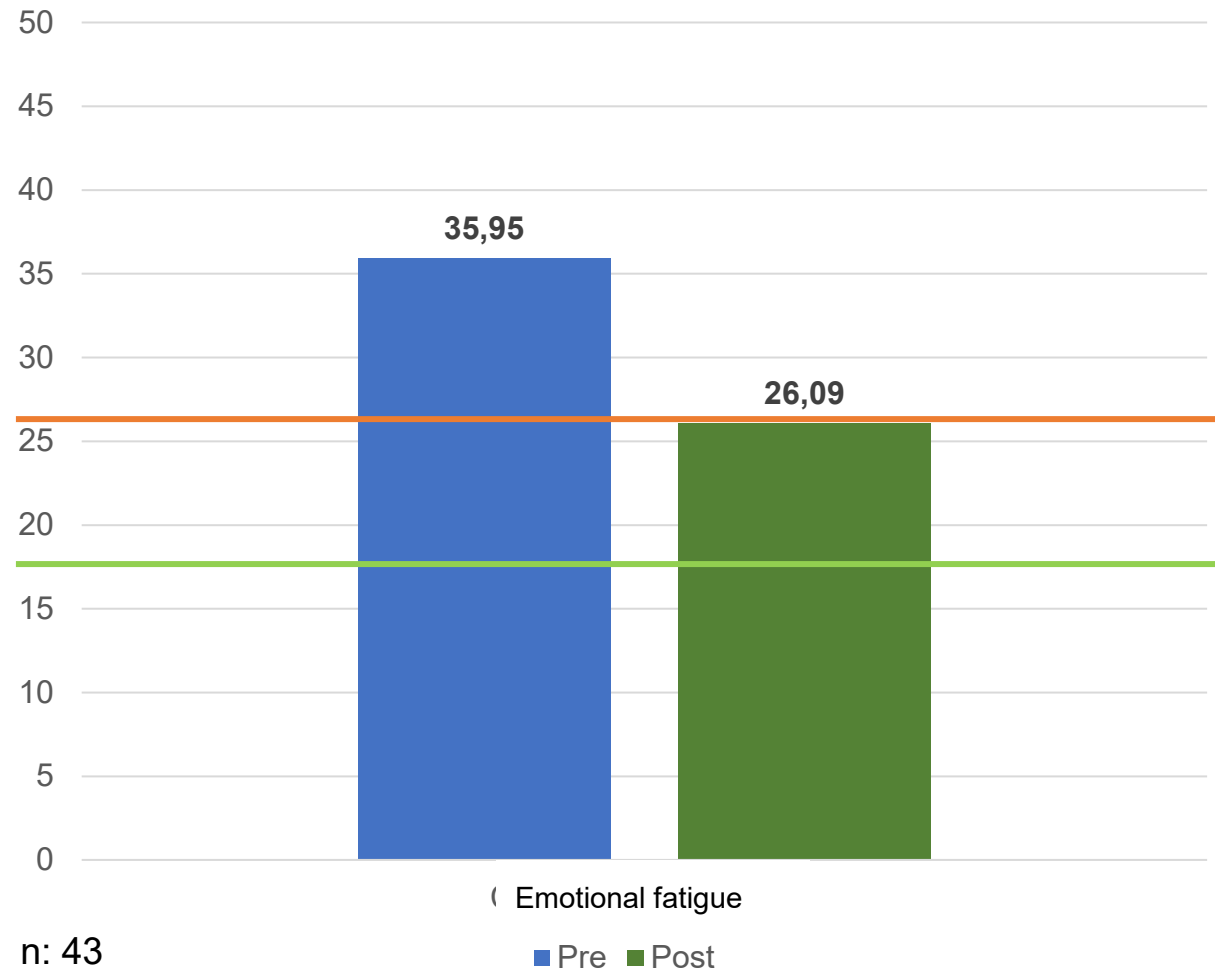


Maslach Burnout Inventory (MBI)

There is a tendency for improvement in the emotional fatigue factor of the MBI scale between the pre and post intervention total sample. Mean score values show a statistically significant difference (mean pre: 4.43, mean post: 3.57, p-value < 0.01).

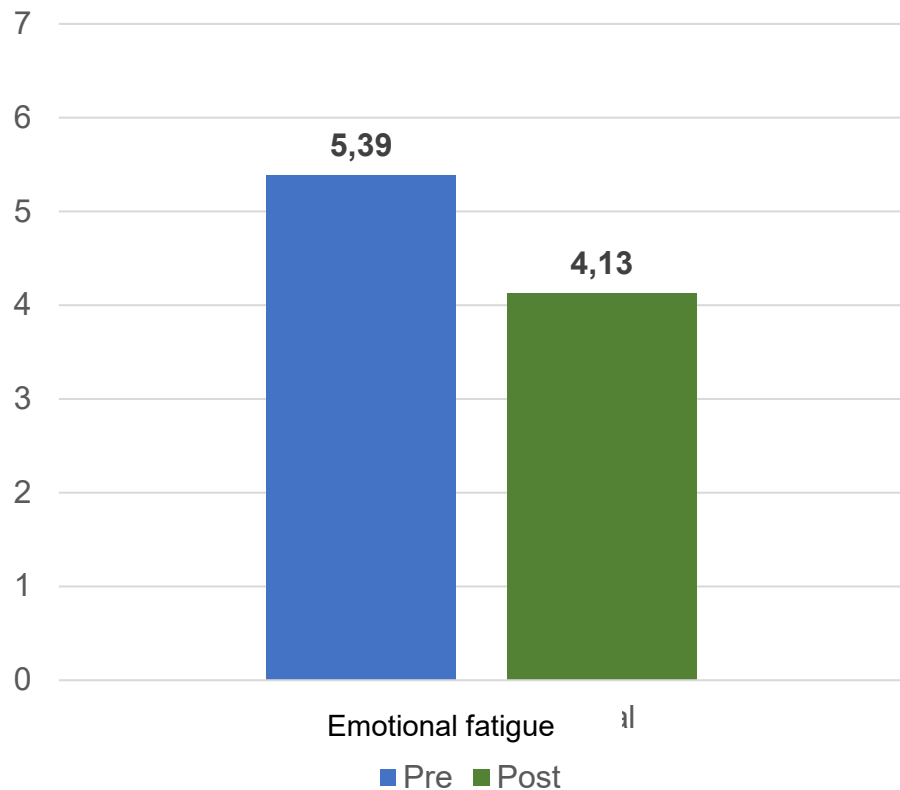


High Initial Emotional Fatigue (27-54), 43%

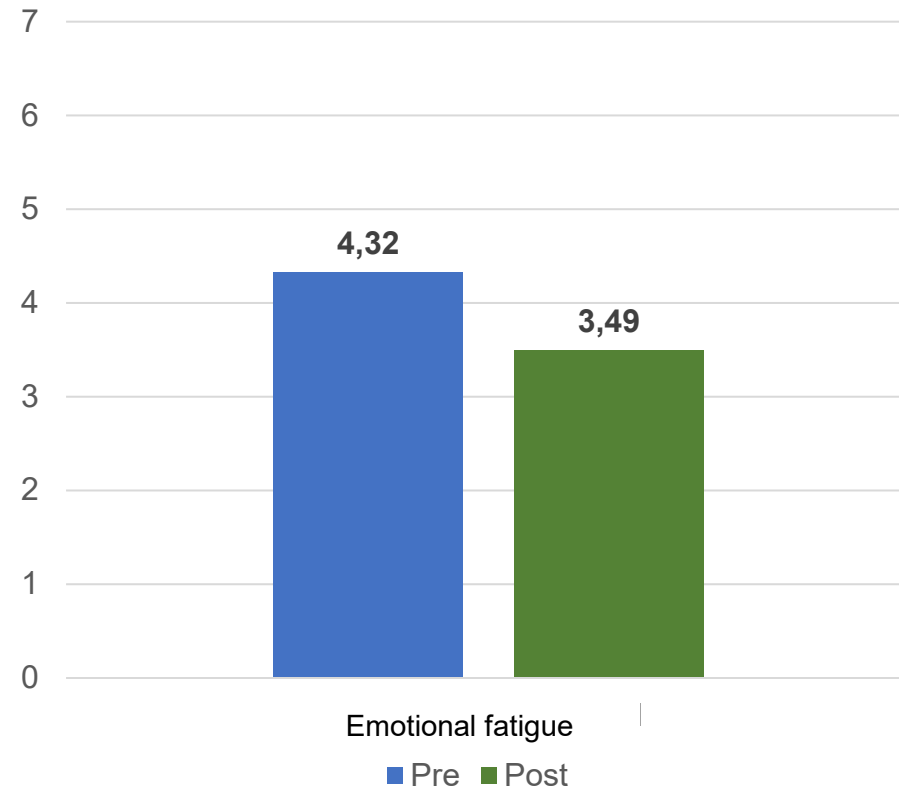


Maslach Burnout Inventory (MBI)

There is a tendency for improvement in the emotional fatigue factor of the MBI scale among teachers with regular internet connectivity, bad or very bad, pre and post intervention.



There is a tendency for improvement in the emotional fatigue factor of the MBI scale among teachers working at the initial, primary and secondary levels, pre and post intervention.





Presencia en Educación

